

Macaron Chocolate

Nutrition Facts	
Serving Size 21 g	
Servings Per Container 70	
Amount Per Serving	
Calories 100	Calories from Fat 45
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2g	9%
<i>Trans</i> Fat 0g	
Cholesterol 5mg	2%
Sodium 20mg	1%
Total Carbohydrate 11g	4%
Dietary Fiber 1g	4%
Sugars 10g	
Protein 2g	
Vitamin A 2%	• Vitamin C 0%
Calcium 2%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories 2,000 2,500
Total Fat	Less than 65 g 80 g
Sat Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

CONTAINS: Eggs, Milk, Nuts, Soy

INGREDIENTS: Almonds, Whipping cream (Cream, Carrageenan), Sugar, Egg white (Pasteurized egg white, Sodium citrate, Triethyl citrate, Guar gum), Dark chocolate (Cocoa mass, Sugar, Cocoa butter, Emulsifier: Soy lecithin, Natural vanilla flavouring), Powdered sugar (Sugar, Corn starch), Water, Cocoa nibs (Ghana cocoa beans), Cocoa powder (Cocoa processed with potassium carbonate), Salt